Autism-Friendly Art Activities

Sponge Pattern Painting

Grades K–6

30 minutes

Patterns + Expression

Students use sponges or rollers to make repeated patterns with paint.



Adaptations

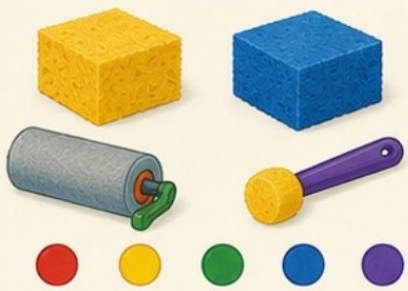
Offer low-mess paint stations.



Use washable materials.



Let students choose tool or color.



Celebrate creativity. Support individuality.

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